What is claimed is:

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1. A plasma processing method, comprising the steps of: supplying a processing gas into an airtight processing chamber, plasmizing the processing gas, and plasmaprocessing a target layer formed on an object to be processed by using a resist film as a mask,

wherein the plasma-processing is conducted while a process condition being changed on the basis of a variation of a thickness reduction rate of the resist film.

- 2. The plasma processing method of claim 1, wherein the plasma-processing step includes:
- a first process of plasma-processing the target layer while the thickness of the resist film being monitored until the thickness reduction rate of the resist film reaches a predetermined value; and
 - a second process of plasma-processing the target layer under a changed process condition in which selectivity against the resist film is higher than in the first process.
 - 3. The plasma processing method of claim 2, wherein the target layer includes an oxide layer containing silicon, the first process is conducted by using a processing gas containing a CF-based gas, and the second process is conducted by using a processing gas containing a CHF-based

gas.

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- 4. The plasma processing method of claim 2, wherein the second process is conducted under a process condition by using a processing gas containing components reduced in the chamber during the first process.
- 5. The plasma processing method of claim 4, wherein the target layer includes an oxide layer containing silicon, the first process is conducted by using a processing gas containing a CF-based gas, and the second process is conducted by using a processing gas containing a COx gas.
- 6. The plasma processing method of claim 2, wherein the thickness of the resist film is observed by detecting interference waves of rays reflected from the resist film in the first process.